

HOW TO MAKE FREE THROWS

[Buy Now for \\$9.99](#)

HOW TO MAKE THREE-POINT SHOTS

[Buy Now for \\$9.99](#)

To shoot better, you need to know what you are doing wrong – this provides that information. I highly recommend both of these shooting instructions to players of any age or nationality worldwide. Making shots is FUN!

Nancy Lieberman

[Nancy Lieberman Bio](#)

THIS PROVEN TEACHING SYSTEM WILL HELP ANY PLAYER

Shoot Threes and Free Throws Better,

THE TWO MOST IMPORTANT SHOTS IN THE GAME!



Make More Shots

Identify your shooting faults and improve your shooting – fast!



Learn From The Legends

All players have different shooting faults. This custom teaching system can help them all – young or old, male or female!



Coach Yourself

All you need is a hoop, a smartphone and a determination to become a better shooter.

Helping Players Shoot Better

Helps Players, Parents, Coaches and the Game Worldwide

<https://vimeo.com/551284513>

Hall of Fame Coach Del Harris Introduction to How to Make Three-Point Shots

Hall of Fame Coach Del Harris Introduction to How to Make Free Throws

EACH INCLUDES:



Self-filming Instructions



LIST OF THE

Most Common Shooting Faults

Learn From Our Team

- Naismith Memorial Hall of Fame 2022
- Over 550 NBA career victories and Coach of the Year 1995
- NAIA and Small College Basketball Hall of Fames 1996 and 2024
- John Bunn Lifetime Achievement Award 2019
- NABC Lifetime Achievement Award for International Coaching 2017
- John Wooden “Keys to Life” Award 2014
- NBA Coaches Daly Lifetime Achievement Award 2020
- Head Coach of China in the 2004 Athens Olympics



Del Harris

- Naismith Hall of Fame as a Player 1996
- Naismith Hall of Fame Mannie Jackson Human Spirit Award 2017
- Women's Basketball Hall of Fame 1999
- Coach Wooden Citizenship Cup Award 2023
- National Civil Rights Museum Sports Legacy Award 2023
- Women's NBA MVP 1981
- Head Coach Big3 Champion "Power" 2018
- Broadcaster for ABC, ESPN, Fox Sports and NBC
- Two-time National Champion at Old Dominion University

- Two-time College National Player of the Year and Three time College All American 1978-80



Nancy Lieberman

- Merrill Lynch retail, then Investment Banking 1973 to date
- Free Throw Coach Golden State Warriors 1993-95
- Free Throw Coach U.S. “Dream Team II”, Gold Medal Winner 1994
- Free Throw Coach New York Knicks 1995-96
- Shooting Coach U.S Woman’s Paralympics, Bronze Medal Winner 1996
- Free Throw Coach Dallas Mavericks 1997-2017, 2011 NBA Champions, Team 80.9% in the playoffs
- Free Throw Coach LA Clippers 2003-06
- Over 50 Clinics provided to Division I Colleges
- Over 10 Clinics provided to Foreign National Teams Coaches
- Author: Basketball Shooting
- Elks “Hoop Shoot” Distinguished Citizenship 2013
- Wooden’s Wisdom National Marketing Director 2014 to date



Gary Boren



Free Throw Time-Lapse Picture

DALLAS MAVERICKS HOME COURT

How To Be A Great Shooter



Be Filmed On Your

Smartphone As Directed



**Identify Your Faults
From The Lists Provided**



**Correct Your Shooting Faults
With Dedicated Practice**

[How To Make Three-Point Shots](#)

[How To Make Free Throws](#)