THIS PROVEN TEACHING SYSTEM WILL HELP ANY PLAYER

HOW TO MAKE FREE THROWS

$4.95

HOW TO MAKE THREE-POINT SHOTS

$4.95

FOR MAXIMUM BENEFIT

**To shoot better, you need to know what
you are doing wrong – this provides that information.
I highly recommend both of these shooting instructions to players of any age or nationality worldwide. Making shots is FUN!**

Nancy Lieberman

Nancy Lieberman Bio

Shoot Threes and Free Throws Better,

THE TWO MOST IMPORTANT SHOTS IN THE GAME!

Make More Shots

Identify your shooting faults and improve your shooting – fast!

Learn From The Legends

All players have different shooting faults. This custom teaching system can help them all – young or old, male or female!

Coach Yourself

All you need is a hoop, a smartphone and a determination to become

a better shooter.

Helping Players Shoot Better

Helps Players, Parents, Coaches and the Game Worldwide

https://vimeo.com/551284513

Hall of Fame Coach Del Harris Introduction to How to Make Three-Point Shots

Hall of Fame Coach Del Harris Introduction to How to Make Free Throws

EACH INCLUDES:

Self-filming Instructions

LIST OF THE

Most Common Shooting Faults

Learn From Our Team

- Naismith Memorial Hall of Fame 2022
- Over 550 NBA career victories and NBA Coach of the Year 1995
- NAIA and Small College Basketball Hall of Fames 1996 and 2024
- John Bunn Lifetime Achievement Award 2019
- NABC Lifetime Achievement Award for International Coaching 2017
- John Wooden “Keys to Life” Award 2014
- NBA Coaches Daly Lifetime Achievement Award 2020
- Head Coach of China in the 2004 Athens Olympics

Del Harris

- Naismith Hall of Fame as a Player 1996
- Naismith Hall of Fame Mannie Jackson Human Spirit Award 2017
- Women’s Basketball Hall of Fame 1999
- Coach Wooden Citizenship Cup Award 2023
- National Civil Rights Museum Sports Legacy Award 2023
- Women’s NBA MVP 1981
- Head Coach Big3 Champion “Power” 2018
- Broadcaster for ABC, ESPN, Fox Sports and NBC
- Two-time National Champion at Old Dominion University

- Two-time College National Player of the Year and Three time College All American 1978-80

Nancy Lieberman

- Merrill Lynch retail, then Investment Banking 1973 to date
- Free Throw Coach Golden State Warriors 1993-95
- Free Throw Coach U.S. “Dream Team II”, Gold Medal Winner 1994
- Free Throw Coach New York Knicks 1995-96
- Shooting Coach U.S Woman’s Paralympics, Bronze Medal Winner 1996
- Free Throw Coach Dallas Mavericks 1997-2017, 2011 NBA Champions, Team 80.9% in the playoffs
- Free Throw Coach LA Clippers 2003-06
- Over 50 Clinics provided to Division I Colleges
- Over 10 Clinics provided to Foreign National Teams Coaches
- Author: Basketball Shooting
- Elks “Hoop Shoot” Distinguished Citizenship 2013
- Wooden’s Wisdom National Marketing Director 2014 to date

Gary Boren

Free Throw Time-Lapse Picture

DALLAS MAVERICKS HOME COURT

How To Be A Great Shooter

Be Filmed On Your

Smartphone As Directed

Identify Your Faults
From The Lists Provided

Correct Your Shooting Faults
With Dedicated Practice

How To Make Three-Point Shots

How To Make Free Throws