

HOW TO MAKE FREE THROWS

[Buy Now for \\$19.99](#)

HOW TO MAKE THREE-POINT SHOTS

[Buy Now for \\$19.99](#)

Both strongly recommended by Nancy Lieberman

[View Bio](#)

THIS PROVEN TEACHING SYSTEM WILL HELP ANY PLAYER

Shoot Threes and Free Throws Better, THE TWO MOST IMPORTANT SHOTS IN THE GAME!



Make More Shots

Identify your shooting faults and improve your shooting – fast!



Learn From The Legends

All players have different shooting faults. This custom teaching system can help them all – young or old, male or female!



Coach Yourself

All you need is a hoop, a smartphone and a determination to become a better shooter.

Helping Players Shoot Better

Helps Players, Parents, Coaches and the Game Worldwide

<https://vimeo.com/551284513>

Hall of Fame Coach Del Harris Introduction to How to Make Three-Point Shots

Hall of Fame Coach Del Harris Introduction to How to Make Free Throws

EACH INCLUDES:



Self-filming Instructions



LIST OF THE

Most Common Shooting Faults

Learn From Our Team

- Naismith Memorial Hall of Fame 2022
- Head Coach of China in the 2004 Athens Olympics
- Over 550 NBA career victories and Coach of the Year 1995
- NAIA and Small College Basketball Hall of Fames 1996 and 2024
- John Bunn Lifetime Achievement Award 2019
- NABC Lifetime Achievement Award for International Coaching 2017
- John Wooden “Keys to Life” Award 2014
- NBA Coaches Daly Lifetime Achievement Award 2020



Del Harris

- Naismith Hall of Fame as a Player 1996
- Naismith Hall of Fame Mannie Jackson Human Spirit Award 2017
- Women's Basketball Hall of Fame 1999
- Coach Wooden Citizenship Cup Award 2023
- National Civil Rights Museum Sports Legacy Award 2023
- Women's NBA MVP 1981
- Head Coach Big3 Champion "Power" 2018
- Broadcaster for ABC, ESPN, Fox Sports and NBC
- Two-time National Champion at Old Dominion University

- Two-time College National Player of the Year and Three time College All American 1978-80



Nancy Lieberman

- NCAA Champion with Duke in 2001
- 15 years playing for NBA Golden State, Toronto, Indiana, Milwaukee, Chicago, Cleveland and Atlanta
- 38% on Three-Point Shots in Regular Seasons, 45% in NBA Playoffs
- General Manager – Golden State Warriors



Mike Dunleavy, Jr.

- 11 years playing for NBA Philadelphia, Toronto, Houston, San Antonio and Milwaukee
- Three-Point Champion one year
- NBA Coach of the Year 1999
- 17 years Coach Milwaukee Bucks, Portland Trail Blazers and Los Angeles Clippers, with over 600 wins



Mike Dunleavy

- NBA All-Star 4 Times
- USA National “Dream Team II” World Champions 1994
- Winner, Three-Point Shooting Championship Twice
- NBA Playoff Free Throw Record 94.4%
- Career NBA Free Throws 90.72% (1st)
- John Wooden “Keys to Life” Award Winner 2002
- Member of the Super-Exclusive 50-40-90 Club



Mark Price

- Free Throw Coach Golden State Warriors 1993-95
- Free Throw Coach USA National “Dream Team II” World Champions 1994
- Free Throw Coach New York Knicks 1995-96

- Free Throw Coach USA National Women's Paralympic Team, Bronze Medal 1996
- Co-Author with Denny Price *Basketball Shooting* 2001
- Free Throw Coach Los Angeles Clippers 2003-2006
- Benevolent and Protective Order of Elks Distinguished Citizenship Award 2013
- Free Throw Coach Dallas Mavericks 1997-2017
- Dallas Mavericks – 2011 NBA Champions



Gary Boren

- Founder NBA Orlando Magic 1987
- NBA executive with Philadelphia 76ers ('83 NBA Champions), Chicago Bulls, Atlanta Hawks
- MLB executive with Miami Marlins, Philadelphia Phillies, Minnesota Twins / Professional Baseball player
- 2012 Naismith Memorial Basketball Hall of Fame John Bunn Award
- Wake Forest Sports Hall of Fame
- 1995 Hubert H. Humphrey Humanitarian Award
- Author of over 100 books and Corporate motivational speaker
- 51 years in the NBA, including 30 years as senior executive with Orlando Magic
- 19 former players became NBA Head Coaches
- Deceased 7-17-24



Pat Williams

- Girls High School Coach (52 Years)
- 1,416-355 (80%) Wins, the Most in High School History
- 16 Final Fours, Texas State Champion 1990
- Walt Disney National Teacher of the year 1993
- High School Basketball Hall of Fame 1995
- NHSCA Coach of the Year 2007
- Morgan Wootten Lifetime Achievement Award 2008
- Women's Basketball Hall of Fame 2010
- Texas Sports Hall of Fame 2012
- Texas Women's Hall of Fame 2023



Leta Andrews

- Shooting Coach
- Author of *Straight Shooter*
- [Holds 14 Free Throw Speed-Shooting Guinness World Records](#)
- [Bob Fisher After Demonstration in Beijing, China](#)
- [Speed-Shooting Demonstrations](#)



Bob Fisher

- Coached Youth in the Dallas-Fort Worth Metroplex For Over 40 Years
- Two Time Teacher of the Year
- Five Time Co-District Coach of the Year
- Head Coach for Dallas Mavericks Hoop Camp for Youth for 20 Years
- Past President of the Dallas High School Coaches Association
- Clinician for Several AAU Teams
- Guest Speaker for Many Schools And Organizations
- Brownwood, Texas Gordon Wood Hall of Champions 2021



Val Rhodes



Free Throw Time-Lapse Picture

DALLAS MAVERICKS HOME COURT

How To Be A Great Shooter



**Be Filmed On Your
Smartphone As Directed**



**Identify Your Faults
From The Lists Provided**



**Correct Your Shooting Faults
With Dedicated Practice**

[How To Make Three-Point Shots](#)

[How To Make Free Throws](#)

